Coordination of Benefits (COB) are guidelines that determine the order in which multiple insurance policies will pay a claim when a person is covered by more than one health or dental insurance plan.

Primary & Secondary Insurance

Primary Insurance: This is the insurance policy that pays first. It is determined by certain rules, such as whose birthday comes first in the calendar year.

Secondary Insurance: This policy pays after the primary insurance has reimbursed its share. The secondary insurer may cover remaining eligible expenses the primary insurer did not cover, up to the plan's limits.

Employee vs. Dependent: If one plan covers you as an employee and another as a dependent, the 'employee' plan is primary. **Birthday Rule:** For dependents covered by both parents' plans, the plan of the parent whose birthday (month and day, not year) comes first in the calendar year is primary.

How Benefits are Paid?

* The primary insurance pays first according to its policy terms. If there are remaining eligible expenses, the claim is then sent to the secondary insurer along with a copy of the Explanation of Benefits (EOB) from the primary insurer.

* The secondary insurance considers the claim and may cover the remaining costs, however, it will not pay more than what would have been considered if it were the primary insurer.

No Duplicate Payments

COB rules prevent the insured from receiving more than 100% of the total cost of the claim. This means if there are 2 policies, the combined payment from both cannot exceed the out-of-pocket expenses and the reasonable & customary cost of the service.

Even with the Coordination of Benefits there still may be out-of-pocket costs, such as deductibles, copays, or uncovered services; however, COB can help to minimize these expenses.

* This is not a legal document, and is intended solely for informational purposes.



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