

# MELDRUM HORNE

## myWSA Plan Proposal

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# About myWSA



myWSA is a taxable spending account provided by employers to promote healthier lifestyles and employee satisfaction. Wellness Accounts are taxable so they are extremely flexible. The only governing body over eligible items in the program is the employer.

A Wellness Spending Account will typically encompass what the company believes are items that reward and incentivize their staff. There are many standard Wellness items such as: daycare, gym memberships, vitamins, personal training, etc. With this plan, you can be as creative as you want when building it.

When companies invest in the health of their employees, people tend to be happier and more productive. Studies have shown wellness programs provide increased levels of physical activity, and lower levels of absenteeism and risky health behaviors.

## System Highlights



### Real Time Access

Company Administrators and Employees have real time access to track activity



### Electronic Funds Transfer

No cheques! myHSA works on EFTs



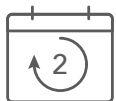
### Go Digital

All claims can be submitted online by employees through their own personalized dashboard



### Download our App

Apps available for iOS (iPhone/iPad) and Android devices



### Quick & Easy

2 day turn-around time for claim reimbursement



### Live Chat

Live Chat offers technical support for employees and is run in-house by our experienced team

# Custom Wellness Plan *(Taxable)*

## Health

- Smoking cessation programs
- Weight Loss Program
- Vitamins and Supplements
- Medic Alert bracelet/neck chain
- Massage units
- Suncare

## Alternative Practitioner

- Holistic (alternative) medicine or practitioner
- Reiki
- Craniosacral
- Meditation classes
- Aromatherapy
- Reflexology

## Cosmetic

- Cosmetic Procedures
- Cosmetic Dentistry
- Cosmetic Dermatology
- Hair replacement
- Teeth whitening

## Wellness

- Personal training
- Gym membership
- Fitness equipment
- Sporting goods
- Dance Lessons
- Ski passes
- Yoga, Pilates, Barre
- Kids Sports Fees
- Golf (green fees)
- Horseback riding
- Floatation therapy (float tank)
- Self-defense course
- Fitness trackers
- Ergonomic Office Equipment

## Personal

- Personal development course
- Child daycare services
- Cell phone
- Parking
- CPR Training
- Language program
- Professional Membership
- Life Coach
- Legal Fees
- Transportation expense such as bus passes, city transit, ride-share
- Financial Advisor Fees
- RRSP / RESP Contribution Reimbursement

## Other

- Camping Fees
- Doula services
- Prenatal Education Classes
- Lactation Consulting
- Handicapped parking permit
- Safety glasses
- Non-prescription glasses/sunglasses
- Treatment centre/spas
- Cleaning services
- Elder Care
- Pet Insurance
- Pet daycare
- Veterinary Fees
- Spa Services

\*the myWSA list can be customized for each employer to offer tailored wellness programs

# Helpful Information

## Reports



You have access to multiple reports under the Reports tabs. There you can select the type of report, the client, and the date range for the report you wish to pull. You can print and save reports as PDFs or in spreadsheet format.

The following are the types of reports you can access:

- **myWSA Claim Report**  
Wellness claims + admin fees, etc
- **Bank Rec Report**  
HSA, WSA, insurance premiums (if applicable) + admin fees, etc
- **Employee Transaction Report**  
Breakdown of each claim, associated fees

## Banking Process



Bank files run on Wednesday and Friday mornings. Plan Administrators receive an e-mail notification of withdrawals that are being made that week. Employees receive their deposit shortly after, typically later that day or the following day.

The Bank Rec Report will exactly match the amount in the notification email. This is the total for all claims, admin fees, and applicable taxes.

## Live Chat



myHSA offers a Live Chat feature that is run in-house by our experienced team. We offer technical support to our users and answer any questions you may have about using the site or your account. We are in contact with advisors and can help connect you to the right people to get matters resolved faster.